

"Problems with Medical Science":

Perception of research needs in the Darthmouth Atlas publications from 1996 to present

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Motivation - Background



- Variation research, internationally, seems well developed: Many atlas- and like projects, OECD involvement, development of Wennberg International Collaborative (WIC) but where from now? - History of Darmouth seems to teach that there are no easy successes ...
- Image: focus on research of effectiveness and appropriateness of intervention in the German country report for OECD project on my behalve at least ...
- In the WIC spring conference

Method



- All Dartmouth "Atlases & Reports" from 1996 to 2014 were scanned for the relevance, deficits, impact etc. of "research" on the presence and development of variation
- → "Research" was <u>not</u> understood as "research on" (the presence, causes etc.) of variation <u>but</u> as research on benefits and harms, effectiveness, appropriateness .. of interventions which were the subject of variation studies

*http://www.dartmouthatlas.org/publications/reports.aspx

G Spitzenverband

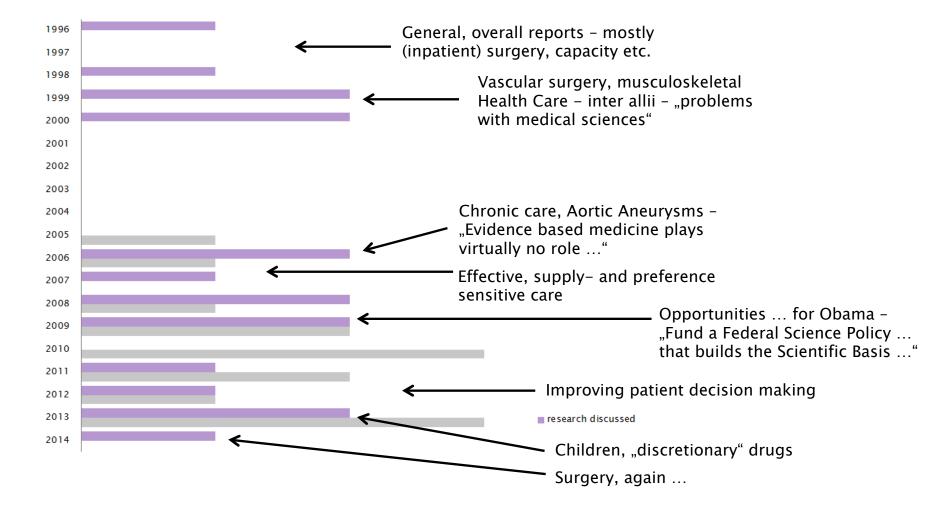
N = 32*Reports N=14 Reports: No explicit discussion of research Figures & data only General focus on quality Phy. & Hosp. Capacity development Spending growth / policy N = 18End of life care Patient expectation & choice Reports: At least some Post acute care, readmission discussion **Residency training**

*duplicates generally related to essentially the same content already removed (eg. but regionally differentiated "Pacific States", "Mountain States" reports, e.g 2014 Variations in surgical care reports counted as one report)

Results:

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Results: Observations

. . .

- The lack of reliable effectiveness evidence is often part of the overall discussion – less so re. topics of complex care processes (e.g. end of live care)
- Particularly after inital reports up to about the year 2000, Research deficits are often discussed closely knit with other factors – there are more reports in later years in which "evidence of effectiveness" is not explicitly discussed
- There might have been some "paradigm shift" towards Shared decision making as the primary focus - of remedies
- The prominence of the threefold distinction of effective/ preference- and supply-sensitive care (2007 reports - also "invented" ealier) seems to warrant particular consideration



"Problems with medical science"

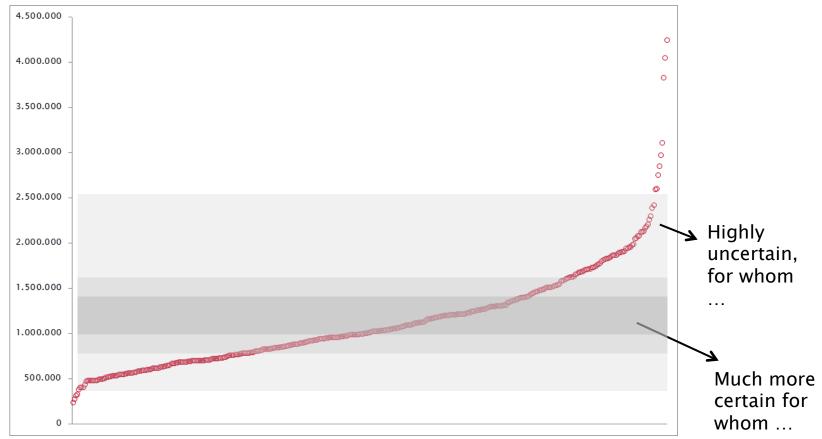
	TABLE 1. ³⁶ CATEGORIES OF MEDICAL SERVICES				
	Factors that Influence Utilization				
Pre-determined, empirically derived, Can it be changed?		Medical Theory	Medical Evidence	Per capita Supply of Resources	Importance of Patient Preferences
	Effective Care	Strong	Strong	Weak	Weak
	Preference- Sensitive Care	Strong	Variable	Variable	Strong
<u> </u>	Supply- Sensitive Care	Weak	Weak	Strong	Variable

Peters PG, Wennberg JE. Unwarranted Variations in the Quality of Health Care: Can the Law Help Medicine Provide a Remedy/Remedies?. Wake Forest Law Review, 925, 2002.

The threefold distinction might not only be helpful – as it might erect a hurdle for something to change categories



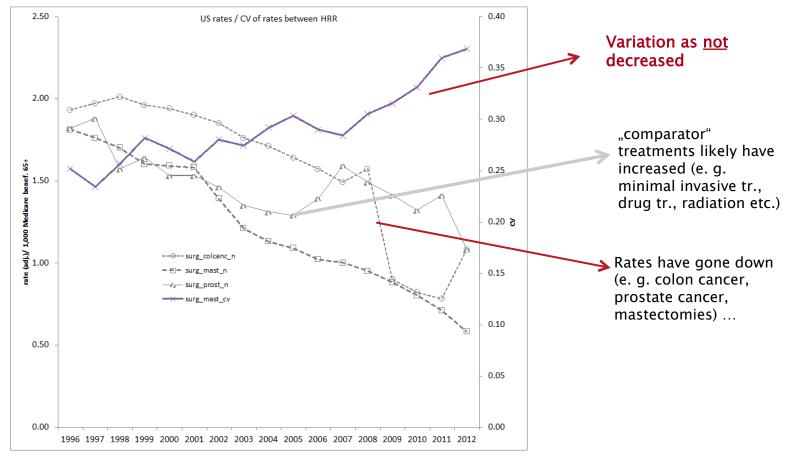
Conclusion: Effectiveness impact?



Could that happen?



Excursion: Surgery over time

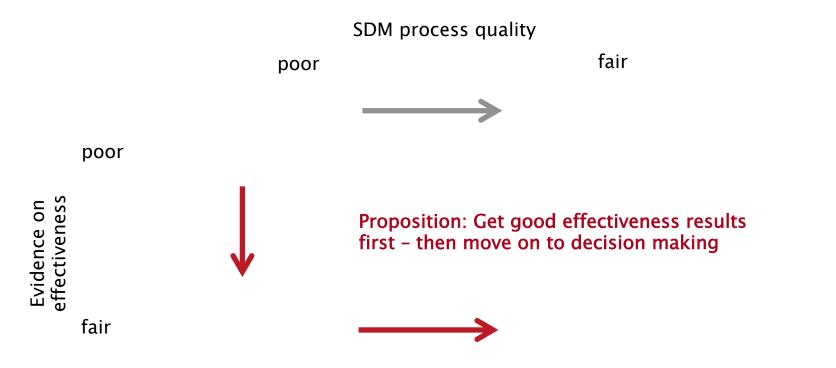


http://www.dartmouthatlas.org/data; US, state, HRR rates of surgical procedures

There clearly seems to be a case for "comparative" effectiveness



Conclusion: Shared Decions – Answer?



... the other way round might not work well - how do you explain to patients, that you don't know?



Conclusions

- Research on evidence of effectiveness seems essential to reduce unwarranted variation – and has been a major concern in Dartmouth reports
- Other means to address questionable variation, in particular shared decision making, depend on such results – and are no substitute for them
- The distinction betweeen effective, and preference/supply sensitive care might have (had) ambigious consequence in it's present form – it should be reconsidered