

Relation between morbidity and intervention for coronary heart disease

younger (50-74 years) vs elderly (≥ 75 years)

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Oxford, 11th September 2017



Background

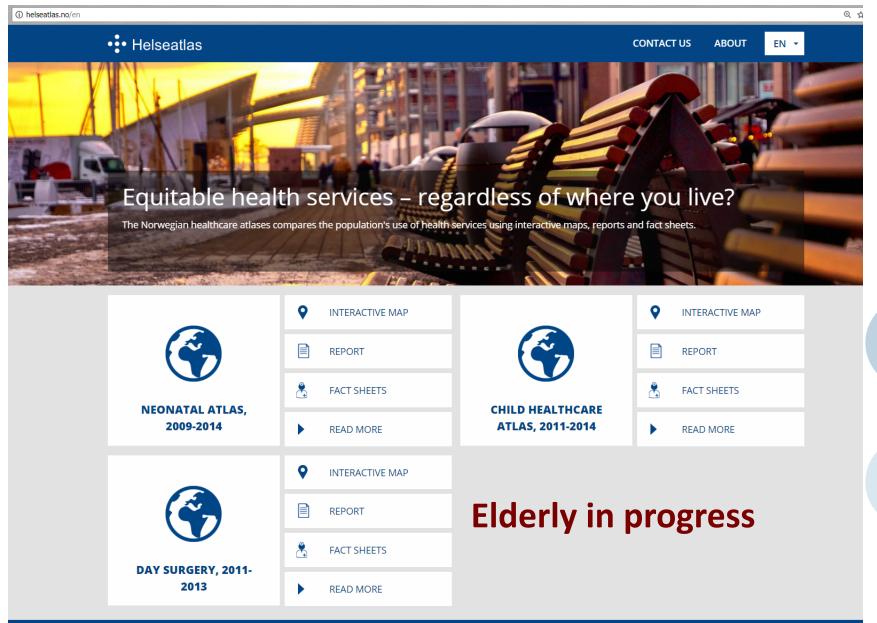
- Healthcare Atlas for elderly patients
- Published in June 2017;
 The 4th National Healthcare Atlas for Norway

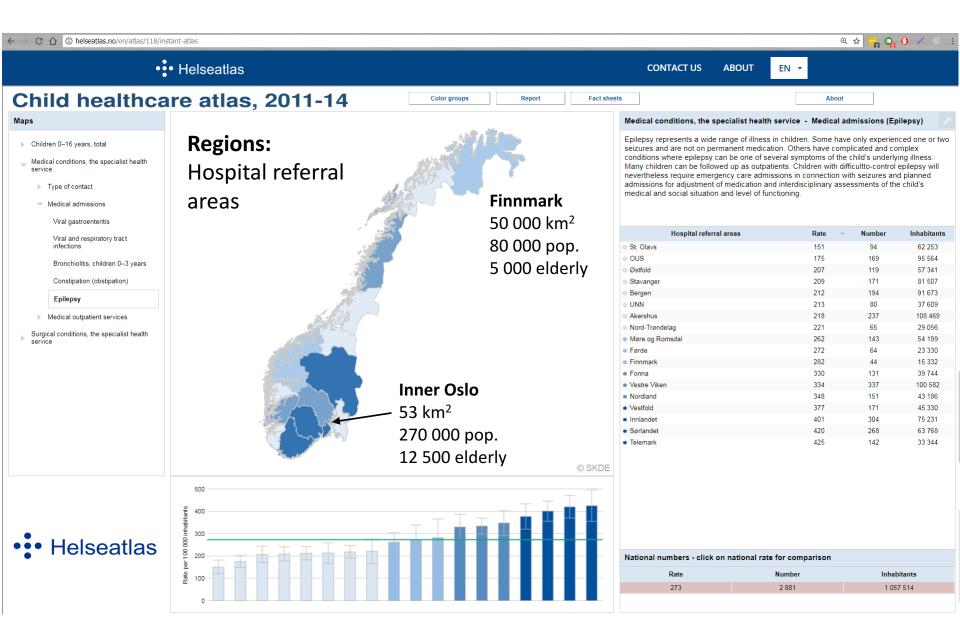
English: www.helseatlas.no\en



The Norwegian Health Atlases:

www.helseatlas.no/en







- Three elements:
- Interactive maps
- Fact sheets
- Report

Healthcare Atlas for the Elderly in Norway

An overview and analysis of publicly funded somatic health services for the population 75 years and older for the periode 2013–2015



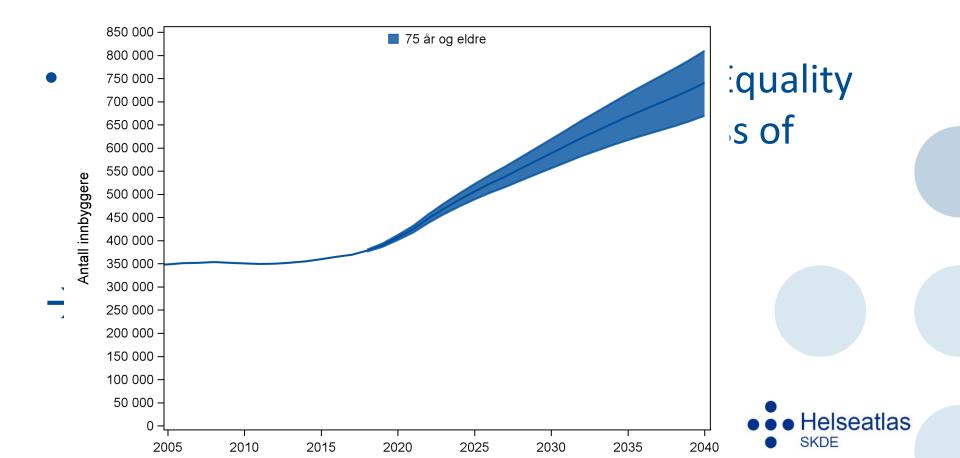
• Helseatlas



- lelseatlas

Background

- Twice as many elderly (≥ 75 years) by 2040
 - Increase from 7% to 12% of the total population



Objective

Myocardial

admissions

Is age a criterion for priority setting for intervention in Norwegian heart disease patients?

50-74 years \leftrightarrow 75 years and older Intervention: Revascularization infarction (MI) (PCI or bypass)

Not the only reason for revascularization

MI as a proxy for morbidity and need



Data

- Norwegian Patient Registry (NPR), 2013-15.
 Complete population data
 - Need/morbidity: MI admissions (diagnosis)
 - Intervention: Revascularization (procedures)

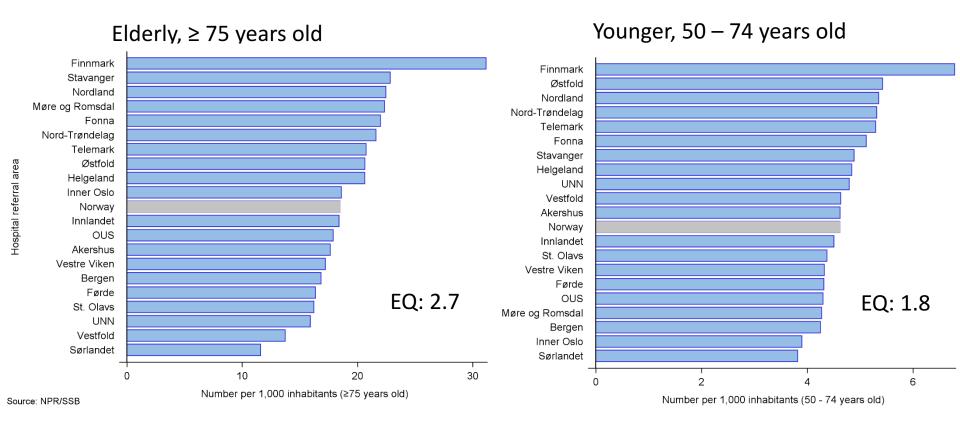
Number per year

	50 - 74 years	≥ 75 years	≥ 50 years
Inhabitants	1 414 152	359 928	1 774 080
Myocardial infarction admissions	6 570	6 652	13 222
Coronary revascularization	9 591	3 208	12 994

- "fewer" interventions for the elderly
 - Age as a criterion?



Admission rates MI (myocardial infarction)



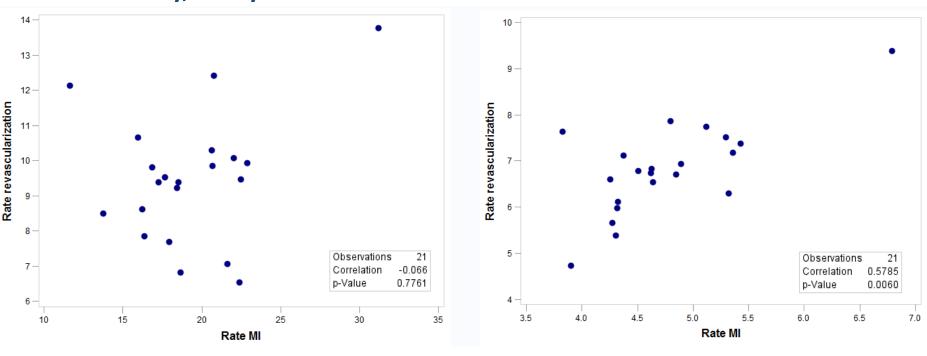
More variation among the elderly



Needs \rightarrow interventions?

Elderly, ≥ 75 years old

Younger, 50 – 74 years old



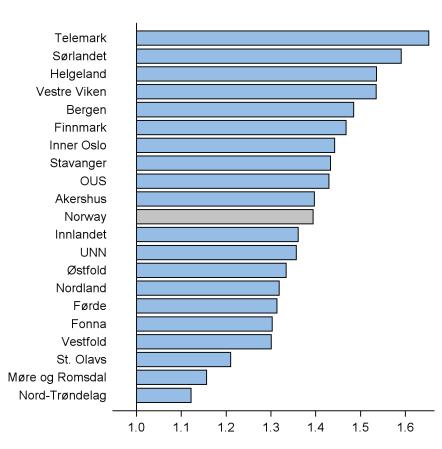
- Correlation within referral areas between MI admissions and intervention
- Positive and significant correlation for the younger

Equal morbidity ≠ equal intervention?

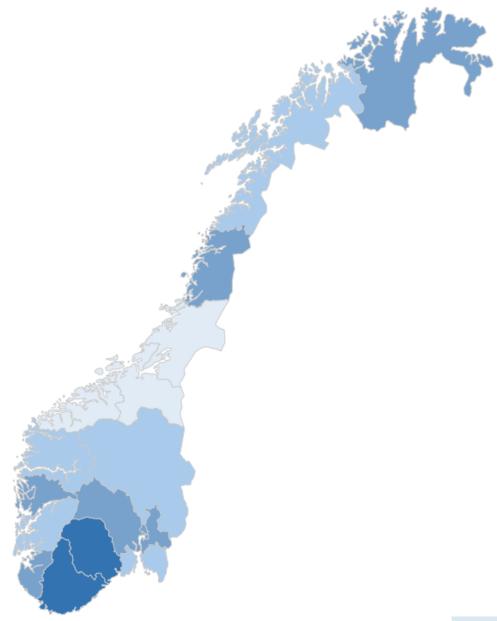
- Equal number of MI
- Younger: 3 * interventions
- Elderly:
 - More comorbidity
 - Might not benefit as much from intervention?
 - More contraindications
 - Different patient preferences?
- Less intervention might be justified
- But, this age effect should be equal between the referral areas



Equal age effect between areas?



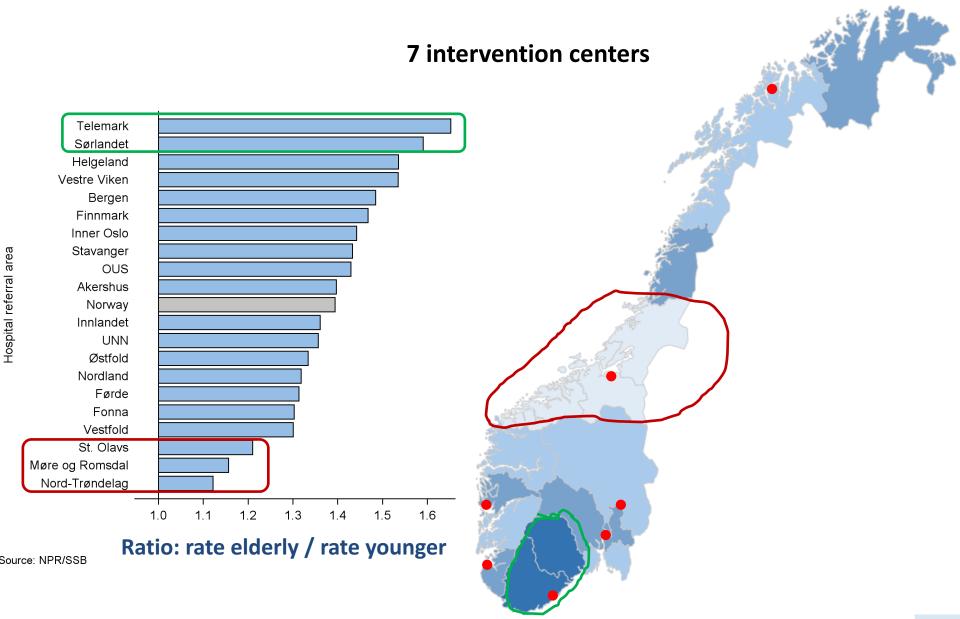
Ratio: rate elderly / rate younger



Source: NPR/SSB

Hospital referral area

Equal age effect between areas?



Conclusions

- More variation in both MI admission rates and intervention rates among the elderly
- Different age effect between the regions
- A strong correlation between MI rates and intervention rates for younger, but not for elderly patients

- Next steps:
 - predictors for variation in intervention rates:
 - Distance to intervention center?
 - Socioeconomic status?

