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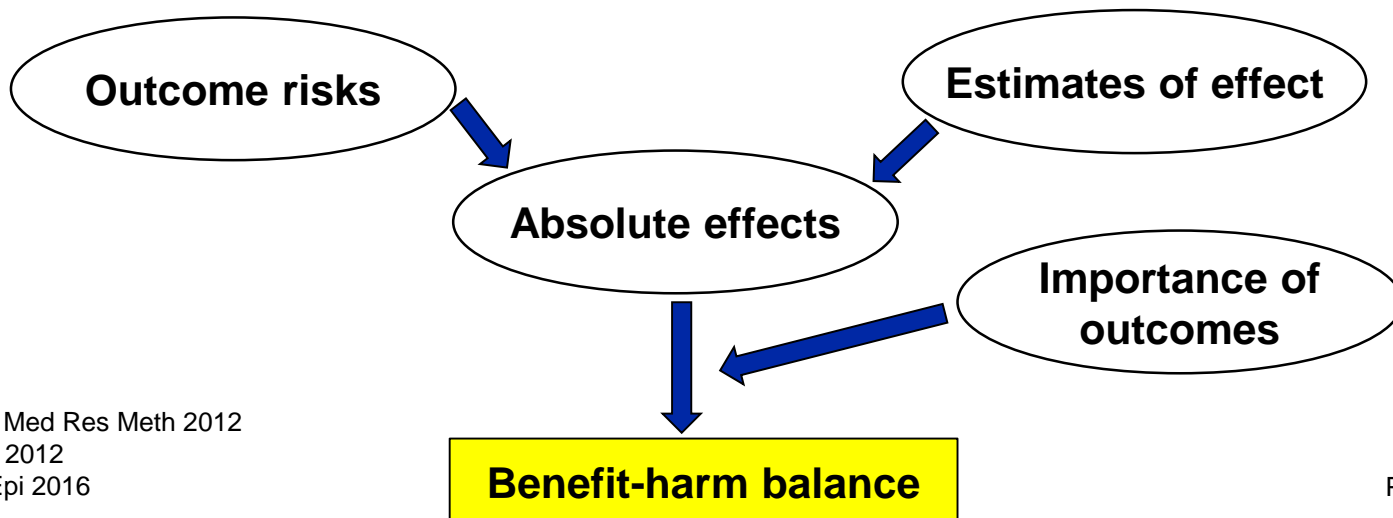
Considering individual risks and preferences to inform patient-centered care and shared decision-making

Hélène Aschmann, on behalf of the PCORI project team

Oct 2, 2019

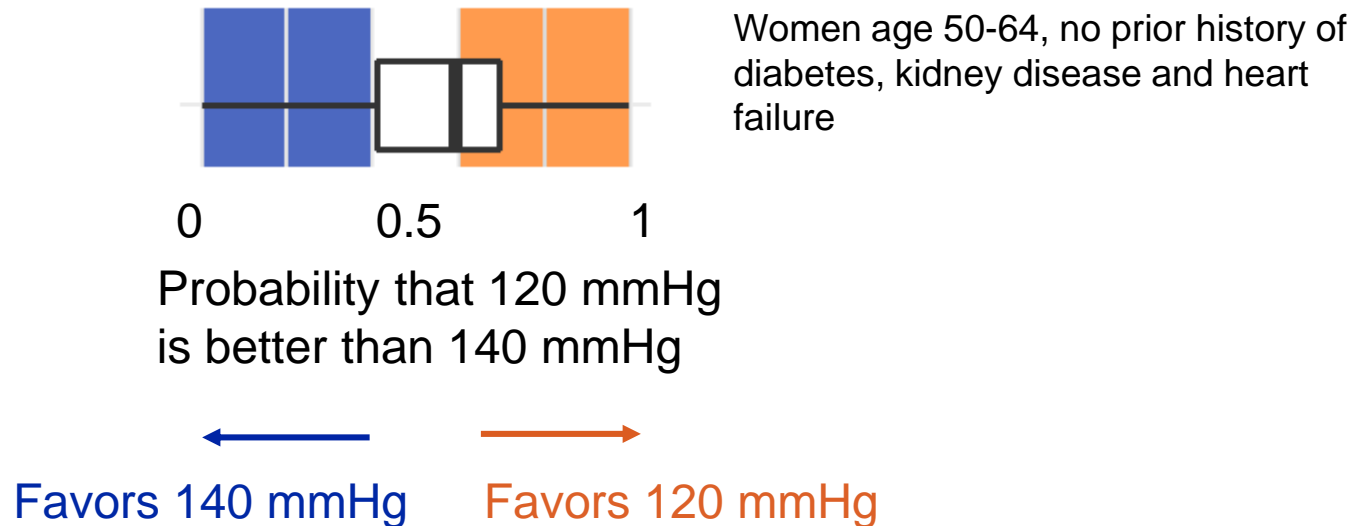
Wennberg International Collaborative Fall Meeting

Guidelines on blood pressure targets





Impact of variation in preferences on the benefit-harm balance





Benefit-harm balance calculator

Result

Define risk: Comparison of systolic blood pressure targets of <130 to 131-149 mmHg in people with prior ischemic stroke (evidence from SPS3)

Prior history: Yes No

eGFR:

Diabetes: Yes No

Chronic heart failure: Yes No

calculate

< 130 mmHg is better | equal | 131-149 mmHg is better

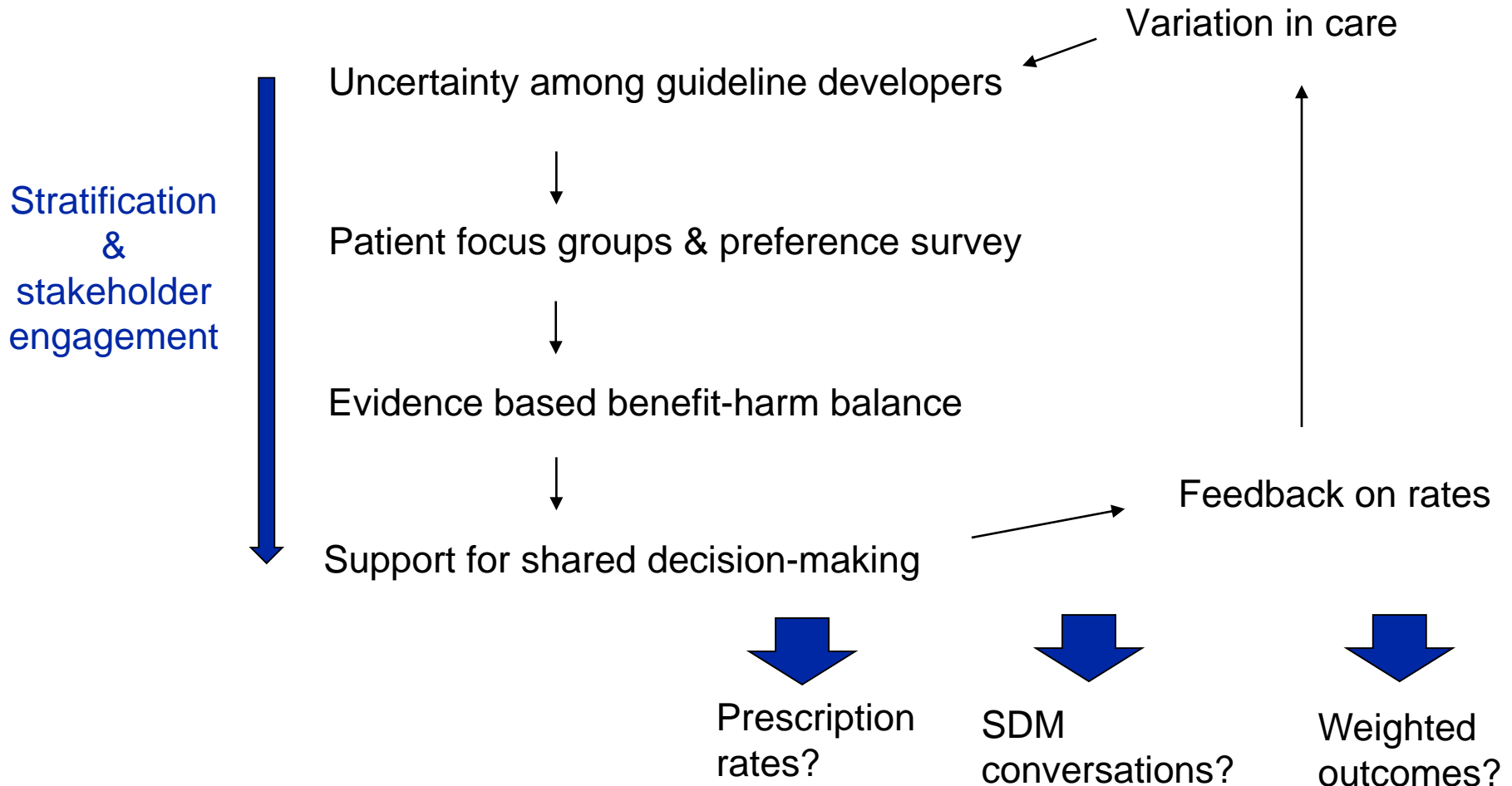
	Stroke		Stroke	
	N _{131 to 149}	N ₁₃₀	$\Delta_{(131 to 149)-(130)}$	$W \times \Delta_{(131 to 149)-(130)}$
Outcomes				
Death	2960	3129	-169	-169
Stroke	1071	892	179	134
Chronic heart failure	897	NA	NA	NA
Myocardial infarction	1162	1062	100	50
End stage renal disease	2	NA	NA	NA

Extremely important

0.75



Identifying & improving preference-sensitive care





Publications

Aschmann, H el ene E., et al. "Balance of benefits and harms of different blood pressure targets in people with multiple chronic conditions: a quantitative benefit-harm assessment." *BMJ open* 9.8 (2019): e028438.

Bennett, Wendy, et al. "A benefit–harm analysis of adding basal insulin vs. sulfonylurea to metformin to manage type II diabetes mellitus in people with multiple chronic conditions." *Journal of Clinical Epidemiology* 113 (2019): 92-100.

Bennett, Wendy L., et al. "Engaging stakeholders to inform clinical practice guidelines that address multiple chronic conditions." *Journal of general internal medicine* 32.8 (2017): 883-890.

Yebyo, Henock G., et al. "Net benefit of statins for primary prevention of cardiovascular disease in people 75 years or older: a benefit–harm balance modeling study." *Therapeutic Advances in Chronic Disease* 10 (2019): 2040622319877745.

Yebyo, Henock G., H el ene E. Aschmann, and Milo A. Puhan. "Finding the balance between benefits and harms when using statins for primary prevention of cardiovascular disease: a modeling study." *Annals of internal medicine* 170.1 (2019): 1-10.